



## Faculty

### Honorary Guest

José Mesquita Montes,  
Portugal

### International Faculty

Anna Ey, Spain  
Christof Radler, Austria  
Stephanie Boehm, Sweden  
Mónica Nogueira, Brazil

### National Instructors

To be announced

### Organizing Committee

Cristina Alves, Coimbra  
Inês Balacó, Coimbra  
Nuno Alegrete, Porto



## Important remarks

### Venue

HF Ipanema Park Hotel  
Rua de Serralves, 124  
4150 – 702 Porto

### Reservations

[www.hfhotels.com/porto/ponseticourse](http://www.hfhotels.com/porto/ponseticourse)



### Registration

150€

(includes book and clubfoot model)

[www.asic.pt](http://www.asic.pt)

3<sup>rd</sup>

# International Ponseti Course



May, 16th – 17th  
Porto

# Preliminary Program

## May 16<sup>th</sup>

- 08:00 - Registration
- 08:30 - Opening remarks. *José Mesquita Montes*
- 09:00 - Fundamentals of Ponseti Method. *Cristina Alves*
- 09:30 - Practice of Ponseti Method: manipulation and casting. *Mónica Nogueira*
- 10:00 - Tenotomy: indications and procedure. *Inês Balacó*
- 10:30 - Bracing: protocol, details and challenges. *Christof Radler*
- 11:00 - Coffee Break
- 11:30 - Recognition and treatment of the complex clubfoot. *Anna Ey*
- 12:00 - Scientific evidence supporting Ponseti Method. *Stephanie Boehm*
- 12:30 - Questions
- 13:00 - Lunch
- 14:00 - Hands-On training with clubfoot models and instructors
- 16:30 - Questions
- 20:00 - Welcome Dinner

## May 17<sup>th</sup>

- 08:30 - Recognition and treatment of relapses. *Christof Radler*
- 09:00 - Treatment of neglected and neurologic clubfeet. *Mónica Nogueira*
- 09:30 - Treatment of clubfeet in arthrogyrosis. *Stephanie Boehm*
- 10:00 - Clinical cases
- 11:00 - Coffee Break
- 11:30 - Treatment of clubfeet relapsed after surgery. *Anna Ey*
- 12:00 - Key points in Ponseti Method. *Nuno Alegrete*
- 12:30 - Final remarks. *Cristina Alves*

The 3rd International Ponseti Course in Portugal will offer excellent training to Orthopaedic Surgeons, who wish to become proficient in treating clubfeet.

The goal is to provide adequate training and knowledge in Ponseti Method for Health Professionals who treat or intend to treat clubfoot (maximum 40 participants).

All participants are invited to register and attend the 2nd European Advanced Meeting for Ponseti Practitioners (May 17th-18th).

